

**Press Release
For January 4, 2009**

ProCare is Tops in Physical Therapy We Can Prove It Better, Faster, For Less \$\$\$\$

Landmark Healthcare, a performance appraiser of healthcare providers including physical therapy, released results recently of an independently commissioned survey that declares **ProCare Physical Therapy** as a top provider of physical therapy among all its peers in Central Pennsylvania.

A “Tier A” designation from Landmark recognizes ProCare for its ability to deliver Physical Therapy more efficiently and more cost effectively better and faster which results in less cost to the patient and the payer of the patient’s healthcare insurance.

ProCare President Jim Foreman says, “We have always believed, as a company, that we delivered the best therapy care to our patients but now this study backs up our ascertain. It is the work of our therapists and their staff that have delivered the results of this designation”,

Foreman adds this critical assessment, “The most important aspect of these findings is for employers who want the best care for their employees delivered most efficiently and affordably will recognize ProCare as their best option from now on.”

The study was requested by an anonymous “major” health insurance carrier in Pennsylvania to determine the best delivery of services. The survey encompassed nearly 24-thousand patients in Central Pennsylvania for speed of recovery, quality of care, and the resulting cost of care. ProCare delivered an average of 16% better than its competitors in all three categories.

For more information please contact: Jim Gregory
Director of Business Development
ProCare Physical Therapy and Fitness
814.505.4656.