

# ProCare Therapy & Fitness 5K



On Saturday July 30<sup>th</sup> ProCare Therapy & Fitness along with our “No Limit Weight Loss Challenge 2” participants, runners and walkers from the community got together to participate in a 5K run / walk to benefit the Friedreich's Ataxia Research Alliance (FARA).

FARA is a national, public, 501(c)(3), non-profit, tax-exempt organization dedicated to curing Friedreich's ataxia (FA) through research. FA is a debilitating, life-shortening, degenerative neuro-muscular disorder that about one in 50,000 people in the US have. Onset of symptoms can vary from childhood to adulthood, usually between the ages of 5 and 15 which tends to be associated with a more rapid progression. Thanks to the brilliant and committed efforts of many FA scientists, we now understand the cause of FA and specific mechanisms leading to damage in FA patients.

I am extremely grateful for everyone's participation in our event, along with all of our sponsors and volunteers that were instrumental in facilitating a smooth running and fun event. With a combination of donations and race entry fees we were able to raise **\$1726.75** to be sent to FARA, and hopefully this money will make a difference in how FA is treated, and diagnosed.

Thanks again to all of our sponsors for your efforts in helping ProCare Therapy & Fitness and FARA to find a cure for FA.

- Philipsburg True Value
- Mid State Airport
- County Market
- McDonalds
- Science Park Recreation Association
- Reliance Fire Company #1
- Weis
- Certified Builders
- Masterpiece Fencing
- Your Neighborhood Market
- McDonalds
- West Branch Cross Country Team
- Rapid Transit
- Race ID
- CiCi's Pizza

Sincerely,

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